



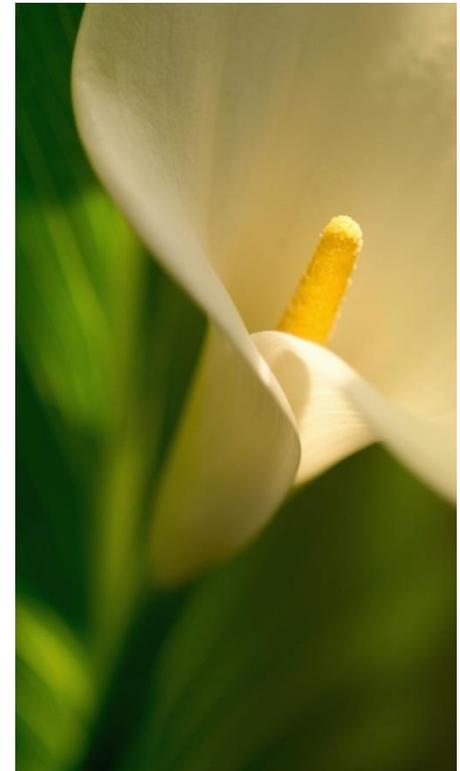
Jamie Says...

- Don't worry if you lose some strands when brushing or washing your hair. We typically lose between 60 and 100 strands a day!
- Looking for a great styling gel? Consider Shape by Prodesign. You can purchase it online at various retailers. It's a medium hold gel that works well for all hair types. It's very flexible and won't get greasy ~ two must-haves when styling your hair!
- Bouncing your hair dryer while drying separates the hair and makes it dry faster!
- Carry a comb with you to re-backcomb when needed!

*Salon 460
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Crystal Lake, IL 60014
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Salon 460 Presents...

*Jamie's Pocket
Stylist*



Style Guide

From this....



To this!



Here's the thing....we all love getting our hair done...but when we try to duplicate the style at home? Chaos! Let Jamie walk you through a step-by-step guide to styling your hair like a pro!

1. Wash your hair twice, condition it, towel dry.
2. Use a wide-toothed comb to get the snarls out of your hair, starting at the bottom. Part your hair. Find where your hair parts itself naturally....unless you're feeling a little daring! A sexy side part can give you a whole new style with very little effort!
3. Partially dry your hair. You want to do this before applying products. If you apply product to wet hair, you risk blowing the product out with the water!
4. Apply a styling gel. Use about a nickel-sized amount, warm it up in your hands, and apply right to your scalp with your fingertips. Massage in and pull down to the ends of your hair. Your scalp will hold volume, but your ends maintain smoothness. Distribution is key!
5. Blow dry your hair until it's 80% dry. For maximum volume, flip your head upside down. Always point your dryer down, in the same direction as the cuticle. Don't brush the hair just yet...just use your hands to separate it out.

5. Once you're 80% dry, brush with a paddle brush or a brush with hard bristles (not boar, horse, or synthetic bristles). If you want waves, don't brush it at all! Just keep using those fancy fingers.
6. After brushing, take the time to dry it the other 20% of the way. If you don't, it will frizz and the style won't hold. If your hair dryer has a "cold blast" switch, use it to give your hair some instant, intense volume!
7. Heat up your flat iron. Grab a chunk of hair no wider than your iron. Run it through your flat iron twice...once quickly to "season" the hair, and then a second time, slowly, to define the shape.
8. As you work toward the top, leave at least 2 inches of space between you iron and your scalp. This will ensure you aren't touching those beautifully-volumized roots! Repeat steps 8 and 9 until your entire head of hair is straightened.
9. Finish up with some hair crack (Surface: Push Powder or Big Sexy). Sprinkle the powder around the crown of your head and then grab a few sections of hair to volumize.
10. Backcomb each section of hair about 3 inches from the scalp. Do this all around the crown of your head, remembering to gently comb hair over the top to smooth out your look. Wah-lah! Salon-perfect style...at home!

